










Food For The Future – Term 5 and 6 2026



<p>Where do they grow? Research where the following fruit and vegetables grow.</p> <ul style="list-style-type: none"> • Potatoes • Carrots • Broccoli • Strawberries • Pineapples 	<p>Fruit and Vegetable Art Giuseppe Arcimboldo is an artist, who famously created portraits made entirely of fruits, vegetables, and other objects. Draw or paint a portrait that is made from fruits and vegetables.</p> 	<p>Plan and make a healthy packed lunch Plan a healthy packed lunch for a picnic trip with your family. Think about healthy choices. If possible, make the healthy packed lunch and take a picture of it.</p> 
<p>Eating Insects Write an argument whether eating insects is the future or not. Think about arguments for and against eating insects.</p> 	<p>Future Food Research what foods would we eat in the future? Choose one of the following to research about.</p> <ul style="list-style-type: none"> • GM foods • Plant based meat • Lab grown meat • Insects 	<p>Recipe Write the recipe of your favourite meal. Remember to include the ingredients, equipment and method.</p> 
<p>Food Tasting Have a food tasting session where you sample a variety of flavours, textures and aromas. Use your senses to describe the characteristics of the different foods.</p> 	<p>Food Label Analysis Look at a variety of packaged food items and analyse the nutrition facts panel, ingredient list, and marketing claims. Can you identify key nutrients, evaluate the healthiness of the product, and determine if marketing claims are accurate.</p> 	<p>Food Waste Reduction Make a poster that is focused on reducing food waste. Explore strategies such as meal planning, proper food storage and composting, Also think about the environmental and social impacts of food waste.</p> 
<p>If there are any other areas of our topic (please see Term 5 topic web on the class page) that you would like to research/create a piece of work on for homework – please feel free!</p>		